Professional Disclosure Statement

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Philosophy and Approach: I believe the purpose of the therapeutic relationship is to collaborate on understanding, anticipating and altering current unsatisfying cycles and patterns, while seeking to relieve stress and pain associated with your past trauma and problematic relationships. My theoretical approach is eclectic, primarily based on Attachment Theory and Internal Family Systems.

Formal Education and Training: I hold a Master's degree in Marriage, Family and Child Counseling from California State University at Northridge. Major course work focused on group dynamics and developmental theory, with an emphasis on learning how each therapist-client relationship is a unique meeting of subjectivities, so that every course of therapy is therefore necessarily unique. I remain current in my practice by pursuing continuing education as required by the Oregon Board of Licensed Professional Counselors and Therapists, with a minimum of 40 clock hours every two years; including 6 hours pertaining to professional ethics and laws, 4 hours pertaining to cultural competency, and 2 hours of suicide risk assessment.

As a Marriage and Family Therapist licensed with the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics, as well as the code of ethics detailed by the American Association of Marriage and Family Therapists.

Fees: My fee for fifty-minute sessions is \$140. I do not accept insurance of any sort at this time. This fee applies equally to individual, couple, or family sessions. For ninety-minute process group sessions, my fee is \$50 for each session.

Cancellations must be made 24 hours in advance of the scheduled appointment.

As a client of an Oregon licensed therapist, you have the following rights:

• To expect that a licensee has met the qualifications of training and experience required by state law;

- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833- 100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd SE, #250, Salem OR 97302-6312, Telephone (503) 378-5499

Email: lpct.board@state.or.us	Website: www.oregon.gov/OBLPCT
For additional information about this therapist, consult the Board's website above.	
I have read and understand the above information.	
Signature	Date